Personal Data GDPR Top TipS



1)Not All Cookies are good :Check what Cookies you are agreeing to and opt for the Minimum amount of cookies needed to operate the sight where possible.



2)Data protection hygiene: You are your own brand. "There's a reason your company has a computer use policy".



3)Hackers Dream .Do not use the same password ,change email addresses / Passwords regularly.



4)One Email doesn't fit all : Have different emails for different uses ie banking, Friends, Social media



5) To Check how many personal Data breaches have happen to you!! checking site www.haveibeenpwned.com



Keep up to date with new GDPR updates specially related to new apps

WWW.AKALIFECOACHING.COM