



Michelle Alexander: Life Coaching Training List 2019

- **Life Coaching NLP Online Course:** Auspiciam: *March 2019-October 2019*
- **Life Coaching:** Coaching Academy :2 day 23/02/2019
- **Induction into Coaching:** Animas :1 day 02/03/2019
- **Positive Psychology Workshop:** Animas: 25/06/2019
- **Relationship Coaching Module 1 (Understanding Parental Conflict and its impact on children)** *Tavistock Relationship /DWP :01/05/2019*
- **Relationship Coaching Module 2 (Parental Conflict)** *Tavistock relationships /DWP 31/05/2019*
- **Relationship Coaching Module 3:** *Tavistock relationship/ DWP (Parental Conflict) 26/07/2019*
- **Empowering Young people through Coaching:** *Become: The charity for children in Care and young care leavers :1 day 10/09/2019*
- **Transformational Life Coaching for Professionals:** 3 day, Grit Charity:16/17/18 September 2019
- **Group coaching:** Animas: *Regents University London, 2 day, 14/15 September 2019*
- **Business Coaching:** *Breakthrough summit Champion Academy: 2day, 21/22 September 2019*
- **Knock Out Brand Master Class:** *Workshop, Virgin Start up :03/09/2019*
- **Signs of safety Appreciative enquiry practice lead :**5 day 04/11-8/11/19
- **Mentalisation, Professor David Shemmings :**2 days 24/10/19 & 01/11/2019

**Michelle Alexander Training List: Children and Families and
Early Intervention 2014-2019**



Social care Assessments and Data Base

Outcome star Training 13/03 2014

Early Help Assessment 2014

Team around the family Training 17/04/2014

Early Years Foundation Stage: Children's Centres Training in Tracking Outcomes for Children and Families 11/06/2014

Outcome Star training- refresher 24/11/2015

Family Solutions Lead worker :Building resilient family (See Government Troubled families report 2017

Analytical Assessment Practice Skills (2 Day) 30th November & 3rd December 2018

Social Care Chronology Surgeries scheduled for Monday 19th August 2019.

Predictive modelling dashboard training 01/08/2018

Framework I 09/01/2015

GDPR General Data Protection Act; March 2019

Charity application

BBC Children in Need Emergency Essentials Grant Programme Training 03/03/2019

Children with Special needs

SENCO: Session Portage 28 /04/2014

Cygnets Autism facilitation training 03/10/2018

Autism awareness 2016

Brent Carers/young carers 2016

Direct work with children and Young People

Safety Planning Workshop - Words and Pictures 01/08/2019

Engaging Direct Work with children 14/02/2019

Domestic Violence

(DV) Domestic Violence training Level 1 :28/03/2014

(DV) Domestic Violence training Level 2 :10/04/2014

(DV) Domestic Violence training Level 3 :06/05/2014

DV 25/11/2014

Freedom Programme One Day :29/02/2016

Honour violence and FGM: Asian Women's Resource Centre 21/07/2016

Harmful Sexual Behaviour starting – 06/09/2018

(DVIP) Domestic Violence Intervention Project :27/11/2018 and 04/12/2018

Evidencing Domestic violence in the family courts (Women's rights /Women's Aid)
26/09/2019

AVA Against Violence and Abuse (Working with abuse, substance misuse and
Mental illness): 30/09/2019

Facilitation

Group facilitation skills training – 10/09/2018

Training the trainers 28/02/ 2019

Health and Safety

First aid 14 - 28/04/2016

Leadership

Training Motivation 05/12/2016

Prison /Offending

Hidden Sentence: Understanding the support needs of prisoner's families 25 /12
/2015 -25/01/2016

Young offending: Prevent –Facilitation training: 12/02/2019

Parenting Programmes Facilitation

Mellow Parenting Programme :4 day 6/7/8/9 July 2015

Positive Behaviour Management Training

Barnardos LGBTQ (lesbian, gay ,bisexual ,transgender and questioning)Workshop
:22 /09/2015

Stepping stones: Children with a disability 11/11/2015 ,25/11/2015 and 02/12/2015

Solihull Approach Parenting Group Facilitation :07/12/2015

Solihull Approach 30/06/2015 and 14/07/2015

5 to thrive Training 08/03/2016

Strengthening families, Strengthening Communities Parent Facilitation Programme
5days September 2016

UNCEF Breast Feeding Training 24/05/2017
UNCEF Breast Feeding Training 29 /11/2017
Mellow Network Training (1 day)17/04/2018
Cygnet Autism Facilitation training 03/10/2018

Relationships

Power to Change training-for women who are survivors of domestic abuse
05/08/2014

Module 1 (Parental Conflict and impact on children)

Module 2 (Parental Conflict) 31/05/2019

Module 3 (Parental Conflict), 26/07/2019

Safeguarding, Trauma and Survivors

Working Together to Safeguard Children: Level 1 20/06/2014

Safer Sleeping Training from the Lullaby Trust 18/06/2014

EYFS Conference CSE: Child Sexual Exploitation Training – 21/04/2015

Safeguarding Level 3 :13/05/2016

Signs of Safety: Family Finding Bootcamp 13/08/2018

Signs of Safety: Appreciative Inquiry 17/01/2017

Signs of Safety 2 Day 2017

PREVENT (Safeguard vulnerable people from being radicalised to supporting terrorism or becoming terrorists themselves)13 Dec 2016

Working with children and young people in distress 14/02/2019

Wellbeing

Domestic Violence, Substance misuse and Mental Health 30/09/2019

Oral health of young children 18/08/2019

Mental health and sport and Physical activity 06/09/2016

Childhood Obesity: February 2017

Key Skills

Meeting's:

- Early Help Assessment
- Child Sexual Exploitation Meeting
- Child Protection Conferences
- Child in Need
- Core Meeting (Core group meeting -regular meeting Re: children subjected to a children protection plan)
- (TAF)Team around the family /Child Meetings
- (EHCP) Education, Health and Care Plan Reviews meetings
- Paediatrics and Child Development: Diagnostic meetings
- Leaving Carer meetings

- Children and Young People Safety planning
- Youth offending meetings
- IDVA Independent Domestic violence Advisor / DASH Safe Lives Risk assessments

Facilitation

- Young Parents Group
- Health family focused
- Young addiction workshop
- Made of Money -Money Coaching
- Importance of fathers in Early Childhood
- Health Awards-Project
- Cygnet (Autistic parenting programme) 6 weeks
- Train the trainers Cygnet (Training professionals)
- Mellow parenting 14 weeks

Guest Speaking

- EYFS Conference –Guest speaking
- Local authority: WWF Strategic Board Meeting’s Presenting case study
- Infant toddler forum -Developing positive eating habits
- Mellow Parenting Programme -1 Day Training

Legal proceedings and Advocacy

- (CAFCASS) Children and family court advisory and support service
- Family Court Attendance Re: Domestic Violence / Housing / Child guardianship order /Divorce/ Father having access to child, Molestation order
- Solicitors appointments Re: Housing, immigration and Family Law
- Court disposal Panel-Youth offending

Charity work

Barnardo’s -Buckingham Palace (See Pictures)

Work History:

March 2018- to date

Family Solutions Keyworker Social Care level of Need Threshold Level 2/3

Local Authority Early Help

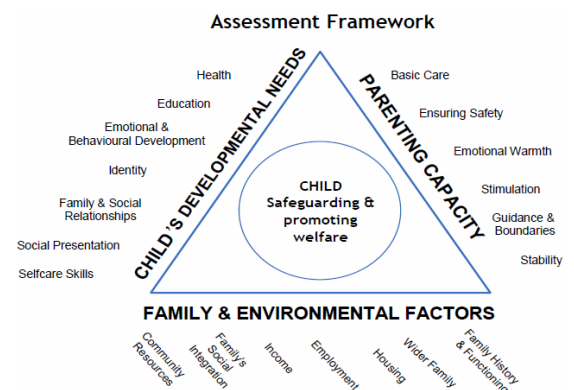
April 2015-February 2018

Family Support Worker & Joint Working Social Care Level of Need Threshold 2-4

Local Authority Children Centres / Barnardo’s Charity /Early Help

February 2014-March 2015

Early Years Worker and SENCO Threshold Level Universal Level 1and 2





Michelle Alexander: Early Years Education and Management related Qualifications and Training List 2013-1997



- Cache Level 4 Certificate in the Management of Quality Standards in Children Services (2012)
- Level 4 Health and Safety (2013)
- Grievance, Discipline and Employment Law (2012)
- OCR Level 3 Award in Assessing Candidates (2011)
- QCA Level 3 Award in Supervising Food Safety in Catering (2010)
- QCA Level 3 Award in Health and Safety in the Workplace (2010)
- City and Guilds Early Years Care and Education Level 2 & Level 3 (2010)

Training

EIP-PEN June (2013)/ Manual Handling/ First Aid (2013)/ Foundation Food Safety (2013) Level 2 award in Fire Safety QCF (2013)/ NSPCC Designated Safeguarding officer (2013)/ Supporting children with Autism (2012)/ SEN (2013)/ EYFS Reform (2012)/ SEF Evaluation (2012)/ First Aid at Work (2008)/ Performance Management (2007)/ Business Success for Childcare (2005)

(List not exhaustive)

Short Courses and Borough/local Authority Training

Mud kitchens(2013)/Men in childcare(2012)/Base room, Practice, Displays and Recycling(2011)/ Baby Massage (2010)/Treasure baskets and story sacks (2010), Letters and Sounds 09, Working in partnership with parents (2008)/Engaging with Parents (2009)(Additional list on Requested)

Profile

Expert in the childcare sector with 18 years industry experience: highly knowledgeable in updated Early Years Care/Education statutory legislation and current affairs, such as (not exhaustive) the EYFS Framework. Fully qualified to practice childcare and have the ability to demonstrate senior management responsibilities and maintenance across a highly standardised service.

Key Highlights

- Good OFSTED Results: passing inspections three consecutive times, including OFSTED suitable person
- Winner of the 2009 Model of Excellence Bonus Awards and winner of the 2008/ 2009 Nursery Manager of the Year
- Key Speaker at the Royal College and invitee at House of Commons to promote and provide subject matter advice about the Healthy Toddler Campaign
- Lead and maintained best practice improvements policies and processes throughout a number of Nursery sites across London, safeguarding standards
- Responsible for piloting the Home Visit Initiatives for Early Years Scheme
- Becoming Senior Nursery Manager

Key Skills

Childcare : a leader within the Childcare and Nursery environment, and managing children by reporting and tracking their development: can clearly provide and respond to key legislative requirements necessary to nurture exceptional standards within the industry. Key examples include being a Nursery Manager for over a decade, managing multiple childcare sites across London, utilise existing processes/procedures to reinforce operational excellence (Planning, Observations and Evaluation Process) and maintain sound relationships with local communities and parents in a professional and clean environment.

Senior Management: directly responsible for a large team across a number of sites which included carrying out inductions of new managers, mentoring, training, planning and conducting inset day teach performance management and ensuring operations were being carried forward in a strict environment. Key example includes being accountable for 22 staff members, observing staff for A1 and following DDA, ACT compliance

Business and Operations: proficient in business administration packages, including processing, forecasting, auditing and tracking software. Fully trained to conduct Health and Safety, First Aid and other qualifications required to run a standardized operation. Directly responsible for meeting Nursery targets and realizing benefits to the business, for instance implementing cost efficient procedures whilst maximizing outputs, e.g. the restructuring of personnel. Key point of contact for media relations including being spokeswoman for local (Gazette) and national (Healthy Body Magazine) press.

Administration: deliver key administrative duties including providing management inductions across a number of different sites, deliver training protocol for new starters, inspect different sites for audit/control purpose and provide external governing bodies with SME advice.

Work History

Jan 2012 – Sept 2013: Nursery Manager
Happy Child, 2A The Grove Ealing

April 2008 – December 2012: Senior Nursery Manager
Happy Child Sites: Northfields, Harrow, West Ealing Day, West Ealing Baby

Dec 2003 – Aug 2006: Nursery Manager
Hanwell Town Football club Perivale Lane

Nov 2002 – Nov 2003 Deputy Nursery Manager
Happy Child, Windmill Lane Northfields, London

Aug 1999 – Sept 2001 Nursery Assistant and Deputy Supervisor
Happy Child, Hanwell Town Football Club, Perivale London

April 1997 – August 1999- Nursery Assistant

Fairy Tale Nursery, Greenford, London

Sept 1996 – April 1997 School Nursery Assistant / NNEB Student –

Stanhope Primary School, Greenford, London

